



October

Self Care for Aboriginal Workers

For Aboriginal Workers ONLY

Date: Wednesday, 11 October 2017

Time: 8:45am – 4:00pm

Venue: Rooty Hill RSL Club

Presenter: **Felicity Ryan**

Click here for registration: [AC02SCA](#)

This one day workshop is designed to assist Aboriginal staff in developing skills to address additional cultural complexities and maintain well being whilst working within a community or health services setting. Attending this workshop will enable you to develop an understanding around the concept of self-care, to manage how you work within our community or with other Aboriginal families.

You will undertake a self-assessment of your health within the workplace, and develop self-care strategies to reduce the impact of community and workplace expectations on your working life.

Understanding and Working with First Australians

Date: Thursday, 12 October 2017

Time: 8:45am – 4:00pm

Venue: FWT+DP Training Room (In-House), Seven Hills

Presenter: **Ivan Clarke**

Click here for registration: [WS05WUA](#)

This workshop is designed for Non-Aboriginal people ONLY. It contains material that can be confronting. Due to the sensitive nature of this workshop, a counsellor will be present during the day for you if required.

In this workshop we will look at key historical events and how they have impacted on Aboriginal families, children and communities in the past and into the present. Learn practical strategies for improving the way you interact and work with Aboriginal children, families, communities and peers. Also gain insight into how our own thoughts, actions and ideals impact our work with Aboriginal Families and Communities

Exploring and Implementing RBA: A Management Perspective of an Outcome Based Framework

Date: Tuesday, 17 October 2017

Time: 8:45am – 4:00pm

Venue: FWT+DP Training Room (In-House), Seven Hills

Presenter: **Beth Stockton**

Click here for registration: [PRO1RBM](#)

Are you managing a TEI FaCS funded service? Have you considered implementing an 'outcomes focused' framework? Results Based Accountability™ (RBA) is used by many organisations throughout Australia, USA and UK to create measurable change in people's lives, communities and organisations.

This workshop will explore how RBA can be used to improve performance, monitor and measure outcomes and provide a framework for continuous improvement. It has been designed to provide Managers and Supervisor's a comprehensive overview of the framework to help determine if they will implement it into their organisation.

Let us know what training you require!

If you or your organisation has any specific training workshops they would like us to organise, please phone (02) 9620 6172 or email info@fwtdp.org.au

Standard day training rates are \$88 for members or \$148.50 for non-members and this includes morning tea and lunch.



October

Journey of Resilience

Date: Monday, 23 October 2017

Venue: Novotel Hotel, Rooty Hill

Presenter: **Ivan Clarke**

This workshop will focus on understanding the challenges for Aboriginal people fitting into the Modern World. Along with the impacts of colonisation and institutional racism, it will explore how Aboriginal people have survived, adapted and maintained cultural heritage.

This workshop is designed for First Nation people ONLY and is facilitated in a safe and supported environment. Due to the sensitive nature of this workshop, it is strongly advised that you do not miss the beginning of the workshop where safety is established.

For Aboriginal Workers ONLY

Time: 9:00am – 4:00pm

Click here for registration: [AC01JOR](#)

Understanding RBA and the Outcomes Focused Framework

Date: Tuesday, 24 October 2017

Venue: Novotel Hotel, Rooty Hill

Presenter: **Beth Stockton**

Are you familiar with Results Based Accountability™ (RBA)? Do you understand what it means and how it works? This workshop has been specifically designed for all workers who need to get their head around RBA, and the impact it will have if their organisation implements the RBA framework.

Results Based Accountability™, or RBA, is a quality improvement, outcomes focused evaluation framework that enables organisations to measure outcomes at both an organisational level and at community/population level.

It is used by many organisations throughout Australia, USA and UK to create measurable change in people's lives, communities and organizations.

Time: 8:45am – 4:00pm

Click here for registration: [PR02RBA](#)

Impact of Relational Trauma on Brain Development: Specific Reference to Attachment and Borderline Personality Disorder (Trauma and Brain Development)

Date: Wednesday, 25 October 2017

Venue: Novotel Parramatta

Presenter: **Lucia Vitali**

This one day workshop explores trauma and how it affects brain development. This training is designed to assist workers put theory they have learned into practice using case studies and group work.

Areas that will be addressed include: Theory on the developing brain and the impact of trauma; Optimal vs detrimental developmental conditions of brain development; Relational trauma and links to attachment outcomes; The neurobiology of relational trauma; Adaptive responses: Hyperarousal and dissociation; When adaptation becomes counter-productive; Risk factors; Links to mental health and move to health.

Time: 9:00am – 4:00pm

Click here for registration: [WS18TBD](#)

— REMINDER —

We have moved offices!

Our new office is located at: Suite 10, 197 Prospect Highway, Seven Hills NSW 2147
(Right next to Seven Hills railway station)



October

[Attachment Theory - The Impact of Attachment on Child Development](#)

Date: Thursday, 26 October 2017

Time: 8:45am – 4:00pm

Venue: Novotel Parramatta

Presenter: Lucia Vitali

Click here for registration: [WS20ATT](#)

SPECIAL EVENT — MEMBERS PRICING FOR ALL ATTENDEES

COST: \$88.00

This workshop looks at Attachment Theory and the impact of disrupted attachment on the emotional, social and cognitive systems of children and how this affects behaviour and learning. Including, how understanding the impact of attachment disruption on adult attachment styles and the importance of understanding oneself as an adult worker will allow for greater effectiveness when working with children and families.

October

November

[Early Intervention Skills for Responding to Family Violence](#)

Date: Monday, 6 November 2017

Time: 8:45am – 4:00pm

Venue: Blue Mountains Theatre and Community Hub

Presenter: Andrew King

Click here for registration: [NP09EFV](#)

This workshop explores key early intervention skills for working effectively where there are concerns about family violence, using a child-centered approach.

It explores practical ways to respond when working with parents who use high levels of conflict. The workshop builds on the experience of participants and offers tools and practical strategies to use when working with fathers who may engage in violence in family relationships.

Each participant receives a free book—*Engaging men's responses to family violence* by Andrew King.

[Be a More Effective Speaker & Group Facilitator in Your Workplace](#)

Date: Wednesday, 8 November 2017

Time: 9:00am – 4:00pm

Venue: Family Worker Training - In House Training Room (Seven Hills)

Presenter: Adrian Hanks

Click here for registration: [WS22SU](#)

This workshop will assist you to communicate and impart your message, knowledge and information to your colleagues, clients, groups and community in a more confident, engaging and effective way.

Be a more dynamic, authentic and engaging worker, who can connect with people in the variety of settings in which you work.

November

— ANNOUNCEMENT —

Stay tuned for the launch of our new name and brand!
This will be happening soon.

The prize draw for the 'Name our Organisation' Campaign will coincide with the official launch.



November

The Linker Network Skills Development Session

Date: Thursday, 9 November 2017

FREE Time: 9:00am – 1:00pm

Venue: Family Worker Training - In House Training Room (Seven Hills)

Presenter: **Damien Cooper**

Click here for registration: [PRO3TLN](#)

The Linker Network project is an initiative of FaCS Western Sydney Nepean Blue Mountains District that is designed to improve the services system by placing the child and their family at the centre of what we do, rather than individual types or models. This training session, developed for FaCS by Family Worker Training, will inform you of what the Linker Network is all about, and how to be part of an integrated service delivery model. It will explore the journey of the Linker Network to date, the underpinning design principles and what you need to do to align to this framework.

Key Learning Outcomes

- Understand why the Linker Network has been developed;
- Gain knowledge and understanding of the concepts that underpin the Linker Network;
- Have a thorough understanding of how your role fits into the Linker Network;
- Be familiar with the 'language' of the approach;
- Be able to create effective client-centered plans;
- Demonstrate how to deliver the Linker Network 'welcome';
- Model 'best-practice', mentor and support the 'Think Like a Linker' approach to team members;
- Understand the importance of proactively developing relationships and networks throughout your local network.



If you receive targeted early intervention (TEI) funding from FaCS you will be currently involved in the FaCS TEI reform. You'll see that the Linker Network aligns to the Reform Principles of meeting client needs; working in partnership with NGOs; joint service design and delivery; an integrated service system; outcomes focused; and building sector capacity. This close alignment makes the Linker Network a straight-forward and easy to implement model and takes a lot of the guess work out of how service providers can adapt to the change.

The TEI Reform is a state-wide reform for FaCS funded targeted earlier intervention programs, with a focus on service and model realignment. TEI is more about what we do and with whom; while the Linker Network is about how we work with clients and each other. There is a strong alignment of The Linker Network with the TEI Reform.

This workshop is provided to the management and staff of FaCS Funded services **AT NO COST**. Register now—places are limited.

"But I'm Not a Counsellor" - Navigating the Space Between Counselling and Being 'On the Spot' Informal Counselling

Date: Wednesday, 15 November 2017

Time: 8:45am – 4:00pm

Venue: Dooley's Lidcombe Catholic Club

Presenter: **Mirna Tarabay**

Click here for registration: [FW10NSC](#)

This one day course is an interactive workshop which aims to develop the knowledge and skills of workers in the community services sector so that they may more effectively support clients who are distressed.

This workshop is for those who are not trained as counsellors and are not in a counselling role but frequently find themselves having to use counselling skills due to the nature of their role. We will also take into consideration cross cultural factors.



November

[Good Enough Parenting? Broadening the Lens—Developing a Best Practice Response to the Cumulative Impact on Children and Young People](#)

Date: Wednesday, 15 November 2017

Time: 8:45am – 4:00pm

Venue: Penrith Panthers Club

Presenter: **Tricia Williams**

Click here for registration: [NP08GEP](#)

This workshop will assist you in understanding the impact of neglect and how to respond helpfully. Explore ways to work with parents to identify and develop 'good enough' parenting within their family capacity.

[Self Care for Aboriginal Men](#)

For Aboriginal Men ONLY

Date: Wednesday, 15 November 2017

Time: 8:45am – 4:00pm

Venue: Rooty Hill RSL

Presenter: **Ivan Clarke**

Click here for registration: [AC03SCM](#)

This one day workshop will give men the know-how to lower stress, enhance resiliency and heighten well-being. Increased understanding of how to develop self care strategies to reduce the impact of community and workplace expectations on their lives.

For more information please contact Bindi on 0439 002 379.

[Working with Stuck Clients](#)

Date: Friday, 17 November 2017

Time: 8:45am – 4:00pm

Venue: Holroyd Centre, Merrylands

Presenter: **Dr Ari Badaines**

Click here for registration: [FW11WSC](#)

FWT+DP is pleased to introduce this new workshop that will equip you with practical strategies and techniques to keep therapy moving when clients get 'stuck'.

It is designed for participants to acquire a range of action methods which can enhance therapeutic work with individuals or couples, such as 'Future Projection', 'Saying the Unspeakable', 'Unsticking "stuck points" and much more...

[Counselling 101: Important Basics Within the Helping Profession](#)

2 Day Event

Date: Monday, 20 November - Tuesday, 21 November 2017

Time: 8:45am – 4:00pm

Venue: The Carrington Hotel, Katoomba

Presenter: **Lucia Vitali**

Click here for registration: [NP06CIB](#)

How often have you been in a situation at work where you needed to understand someone else's behaviour, respond to a person's distress or help with a problem but felt you didn't have the knowledge or know-how?

Counselling 101 is a two day theory and practice workshop designed for those who, without any formal training, often find themselves in this dilemma.

We cover relevant counselling and philosophical ideas, together with current research in the field of neurobiology and provide you with information and strategies to help increase your confidence and skills in 'on the spot' counselling situations.



November

The Linker Network Skills Development Session

Date: Wednesday, 22 November 2017

Venue: Family Worker Training - In House Training Room (Seven Hills)

Presenter: **Damien Cooper**



FREE Time: 9:00am – 1:00pm

Click here for registration: [PR04TLN](#)

The Linker Network project is an initiative of FaCS Western Sydney Nepean Blue Mountains District that is designed to improve the services system by placing the child and their family at the centre of what we do, rather than individual types or models.

This training session, developed for FaCS by Family Worker Training, will inform you of what the Linker Network is all about, and how to be part of an integrated service delivery model. It will explore the journey of The Linker Network to date, the underpinning design principles and what you need to do to align to this framework.

Promoting Confident Parents Through the Early Years (0-2 Years)

Date: Wednesday, 22 November 2017

Venue: Holroyd Centre, Merrylands

Presenter: **Jennifer Rankin**

Time: 8:45am – 4:00pm

Click here for registration: [WS21LOC](#)

Support parents to become more confident in the early years. It helps to understand what is happening in the brain in the first 2 years, the development of attachment and its importance on parent/child bonding and how to read the behaviour of the baby or child to build strong and confident relationships within the family.

This practice based one day workshop sits well with the new TEI FOCUS AREAS and should be attended by those who work with families who have children 0-2 years.

Responding to Trauma—Narrative Approaches to Working with Individuals, Groups and Communities

Date: Wednesday, 22 November 2017

Venue: Lilys Function Centre, Seven Hills

Presenter: **David Newman**

Time: 8:45am – 4:00pm

Click here for registration: [FW05NTT](#)

Narrative practice is a hopeful and respectful way to work with individuals, groups and communities. Explore, in detail the crucial principle in narrative responses to trauma, 'no-one is ever a passive recipient of trauma'. This invigorating workshop promises to offer hopeful practices that will be of immediate use in your work in responding to trauma. David will unpack the Principles of Narrative Therapy and Trauma.

This will be an experiential workshop and David will share examples of work and provide practice exercises.

The Benefits of Early Intervention Skills in Responding to Family Violence - CALD Focus

Date: Wednesday, 29 November 2017

Venue: Dooley's Catholic Club, Lidcombe

Presenter: **Mohamed Dukuly / Andrew King**

Time: 8:45am – 4:00pm

Click here for registration: [WS12EIS](#)

Learn the differences between anger management and family violence work. Gain confidence in deepening the conversation with the client by focusing on respectful relationships especially in the CALD families.

This workshop explores using a child-centered approach, when talking to men and women, of the benefits of early intervention skills in responding to family violence. It will also explore working with clients from a Muslim background on cultural issues to support change.



Nov

November

Parenting and Mental Health - Using a Family Lens to Consider the Needs of Children

Date: Wednesday, 29 November 2017

Time: 8:45am – 4:00pm

Venue: Nepean Shores, Penrith

Presenter: Sarah Bergan / Adele Sargent

Click here for registration: [NP16PMH](#)

This workshop will use a family lens to explore the experience of parents with a mental illness and their children. Participants will explore evidence based knowledge and practical strategies to working with families experiencing parental mental illness, building family resiliency and family communication about mental illness. Along with identifying and considering the needs of the child within the family unit.

December

December

The Linker Network Skills Development Session

Date: Wednesday, December 6 2017

FREE **Time:** 9:00am – 1:00pm

Venue: Family Worker Training - In House Training Room (Seven Hills)

Presenter: Damien Cooper

Click here for registration: [PRO5TLN](#)

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ITS TIME TO JOIN OR RENEW YOUR FWT+DP MEMBERSHIP!

All 2016/2017 financial year memberships expired on 30th June 2017.

Training Membership is now open for the 2017/2018 financial year.

Renew your membership or join now to reap the benefit of great savings on all events with member rates.

Our registration fees are the same as last year and we remain committed to delivering local and affordable professional development that is evidence-based and outcome focused.

Standard day training rates (including morning tea and lunch) are:

\$88.00 for members or

\$148.50 for non-members

Renew or join [online here](#)

or complete the [application form](#) and email to info@fwtdp.org.au

Membership for organisations is on a sliding scale:

Organisation with more than 50 FTE employees	\$990.00 per annum
Organisation with 16 - 50 FTE employees	\$550.00 per annum
Organisation with 7 -15 FTE employees	\$330.00 per annum
Organisation with 1 – 6 FTE employees	\$198.00 per annum
Individual	\$44.00 per annum

[Special offer for MEMBERS ONLY: buy 10 prepaid places and get ONE FREE](#)

HAVE YOU SIGNED UP FOR OUR
E-NEWSLETTER and EVENT UPDATES?

Keep up to date with all our
upcoming events, news and special offers:
<http://eepurl.com/bphvgb>



If you have suggestions for professional development events that you would like us to offer in the future, please email info@fwtdp.org.au